RADIANT
LASER

RADIANT AURORA
MICRONEEDLING

PRE CARE
INSTRUCTIONS



FOR OPTIMAL RESULTS
Please follow these guidelines before your Radiant Aurora Microneedling treatment.

SCHEDULE APPROPRIATELY
- Avoid planning important events for at least 3–7 days after treatment.
- Allow enough downtime for redness or peeling to subside.

AVOID CERTAIN PRODUCTS (FOR 5–7 DAYS BEFORE)
- Do not use retinol, tretinoin, AHAs, BHAs, exfoliants, scrubs or harsh active ingredients.
- Avoid products that may irritate the skin.

AVOID SUN EXPOSURE
- Stay out of direct sun and avoid tanning beds for at least 1 week before treatment.
- Use a broad-spectrum sunscreen SPF 30+ if the area may be exposed.

AVOID BLOOD-THINNING MEDICATIONS (IF POSSIBLE)
- For 3–7 days before treatment, avoid aspirin, ibuprofen, vitamin E, fish oil and alcohol (as advised by your healthcare provider).
- These may increase the risk of bruising or pinpoint bleeding.

SKIN MUST BE HEALTHY
- Do not have treatment if you have active skin infections, cold sores, rashes, sunburn, eczema or open wounds in the treatment area.

NOT SUITABLE DURING PREGNANCY OR BREASTFEEDING
- Microneedling is not recommended if you are pregnant or breastfeeding.

LET US KNOW
- Inform your practitioner of any medical conditions, medications, recent procedures, history of keloid scarring or skin sensitivities.

ARRIVE WITH CLEAN SKIN
Please come to your appointment with the treatment area clean, free of makeup, lotion, oils, sunscreen and skincare products.

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POST CARE
INSTRUCTIONS



SUPPORT YOUR RESULTS
Please follow these post care instructions after your Radiant Aurora Microneedling treatment.

FIRST 24–72 HOURS
- Keep the treated area clean and dry.
- Avoid touching, picking or scratching the skin.
- Mild redness, warmth and sensitivity are normal and usually resolve within a few days.

USE GENTLE SKINCARE
- Use a gentle, fragrance-free cleanser and a hydrating, soothing moisturizer (e.g. hyaluronic acid or ceramide-based).
- Avoid products with retinol, AHAs, BHAs, exfoliants, vitamin C or active ingredients for at least 5–7 days (or as directed by your practitioner).

AVOID SUN EXPOSURE
- Keep the treated area out of direct sunlight for at least 1–2 weeks.
- Use a broad-spectrum sunscreen SPF 30+ daily, even on cloudy days.

AVOID MAKEUP
- Do not apply makeup for at least 24–48 hours or until the skin has calmed.
- Use clean brushes and non-comedogenic makeup once healed.

AVOID INTENSE ACTIVITY
- Avoid strenuous exercise, hot tubs, saunas, steam rooms and excessive sweating for at least 24–48 hours.

STAY HYDRATED
- Drink plenty of water to support the skin's healing process.

FOLLOW YOUR TREATMENT PLAN
- A series of treatments is typically recommended for optimal results.
- Follow the schedule and product recommendations provided by your practitioner.

CONTACT US IF NEEDED
- If you experience severe redness, swelling, blistering, unusual pain or any signs of infection, please contact our clinic immediately.

HAVE QUESTIONS?
If you have any concerns after your treatment, please contact our clinic.