RADIANT
LASER

RADIANT CO2 PHOENIX

CO2 FRACTIONAL LASER

PRE CARE INSTRUCTIONS



FOR OPTIMAL RESULTS

Please follow these guidelines before your Radiant CO2 Phoenix treatment.

SCHEDULE APPROPRIATELY

- Avoid planning important events for at least 2–4 weeks after treatment.
- Allow enough downtime for proper healing (typically 7–14 days, depending on treatment depth).

AVOID SUN EXPOSURE

- Stay out of direct sun and avoid tanning beds for at least 4 weeks before treatment.
- Use a broad-spectrum sunscreen SPF 30+ daily if sun exposure cannot be avoided.

AVOID CERTAIN PRODUCTS (FOR 5–7 DAYS BEFORE)

- Do not use retinol, tretinoin, AHAs, BHAs, vitamin C, exfoliants, scrubs or harsh active ingredients.
- Avoid self-tanners, bleaching creams or products that may irritate the skin.

REVIEW MEDICATIONS

- Avoid aspirin, ibuprofen, vitamin E, fish oil and other blood-thinning medications for 7–10 days (if approved by your healthcare provider).
- Inform your practitioner of all medications, supplements and medical conditions.

SKIN MUST BE HEALTHY

- Do not have treatment if you have active skin infections (e.g. cold sores, acne, rashes, eczema, psoriasis) or open wounds in the treatment area.
- Reschedule if you are feeling unwell or have a tan.

ARRIVE WITH CLEAN SKIN

- Come to your appointment with the treatment area clean, free of makeup, lotion, oils, perfume and skincare products.

STAY HYDRATED

- Drink plenty of water in the days leading up to your treatment.

LET US KNOW

- Please inform your practitioner of any medical conditions, previous skin procedures, history of skin cancer, tendency for keloid scarring, or if you are pregnant or breastfeeding.

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POST CARE INSTRUCTIONS



SUPPORT YOUR RESULTS

Please follow these post care instructions after your Radiant CO2 Phoenix treatment.

FIRST 24–72 HOURS

- Keep the treated area clean and dry.
- Expect redness, swelling, warmth and a sunburn-like sensation.
- Mild oozing, pinpoint bleeding or a bronzed appearance may occur (this is normal).

GENTLE CLEANSING

- Cleanse with a gentle, fragrance-free cleanser as directed by your practitioner.
- Use lukewarm water and pat dry with a clean, soft towel.
- Do not rub, scrub or use harsh products.

DO NOT PICK OR SCRATCH

- Allow the skin to heal naturally. Do not pick, scratch or remove any peeling or scabs.
- Let exfoliation occur on its own to avoid scarring or pigment changes.

KEEP THE SKIN HYDRATED

- Use a recommended healing ointment or moisturizer (e.g. medical-grade products).
- Apply as directed to keep the skin moist during the healing process.

AVOID SUN EXPOSURE

- Keep the treated area out of direct sunlight for at least 4–6 weeks.
- Use a broad-spectrum sunscreen SPF 30+ daily, even on cloudy days, once the skin has healed.
- Wear a wide-brimmed hat and protective clothing.

AVOID MAKEUP

- Do not apply makeup to the treated area for at least 7–14 days or until fully healed.
- Use only products approved by your practitioner.

AVOID INTENSE ACTIVITY

- Avoid strenuous exercise, hot tubs, saunas, steam rooms and excessive sweating for 7–14 days.

WATCH FOR CONCERNS

- Contact our clinic if you experience severe pain, increasing redness, swelling, pus, fever, unusual discharge or any signs of infection.

HAVE QUESTIONS?

- If you have any concerns during your healing process, please contact our clinic.