RADIANT LASER

RADIANT DIODE PLATINUM

LASER HAIR REMOVAL TREATMENT

PRE CARE INSTRUCTIONS



SHAVE THE AREA
Shave the treatment area 24 hours before your appointment.
Do not wax, tweeze, use depilatory creams or pluck the hair for at least 4 weeks prior.

AVOID SUN EXPOSURE
Stay out of direct sun and avoid tanning beds for at least 2–4 weeks before treatment.
Use a broad-spectrum SPF 30+ if the area may be exposed to the sun.

AVOID CERTAIN PRODUCTS
Do not use self-tanners, bronzers, or products with retinol, AHAs, BHAs or exfoliants on the treatment area for at least 3–5 days before treatment.

REVIEW MEDICATIONS
Inform your practitioner of all medications, supplements and topical products you are using, as some may increase skin sensitivity to light.

SKIN MUST BE HEALTHY
Do not have treatment if you have active skin infections, cold sores, rashes, sunburn, irritation or open wounds in the treatment area.

PLAN AHEAD
Schedule your treatment at least 2 weeks after any chemical peel, microdermabrasion or other aggressive skin treatments.

NOT SUITABLE DURING PREGNANCY OR BREASTFEEDING
Laser hair removal is not recommended if you are pregnant or breastfeeding.

LET US KNOW
Please inform your practitioner of any recent medical procedures, changes to your health, or if you have a history of keloid scarring or photosensitivity.

ARRIVE WITH CLEAN, SHAVED SKIN
Please come to your appointment with clean skin, free of lotions, oils, deodorant, makeup or any skincare products on the treatment area.

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POST CARE INSTRUCTIONS



FIRST 24–48 HOURS
- Keep the treated area clean and dry.
- Avoid hot showers, saunas, steam rooms, hot tubs and intense exercise.
- Do not apply lotions, oils, deodorant or makeup on the treated area for 24 hours.

AVOID SUN EXPOSURE
- Stay out of direct sunlight and avoid tanning beds for at least 2–4 weeks after treatment.
- Use a broad-spectrum SPF 30+ on any treated areas that may be exposed to the sun.

KEEP THE SKIN COOL
- If needed, apply a cool compress to soothe the skin.
- Mild redness or warmth is normal and usually resolves within a few hours.

USE GENTLE SKINCARE
- You may apply a gentle, fragrance-free moisturizer such as aloe vera or a soothing lotion.
- Avoid products with retinol, AHAs, BHAs, exfoliants or active ingredients for 3–5 days.

HAIR SHEDDING
- Treated hairs will gradually shed over 1–3 weeks.
- Do not wax, tweeze, use depilatory creams or pluck the hair. You may gently shave if needed.

EXFOLIATION (AFTER 3–5 DAYS)
- You may gently exfoliate the treated area after 3–5 days to help release treated hairs.
- Use a mild, non-abrasive exfoliant.

POSSIBLE SIDE EFFECTS
- Mild redness, swelling, itching or warmth may occur and usually resolve quickly.
- Contact the clinic if you experience severe redness, blistering, unusual discomfort or any signs of infection.

FOLLOW YOUR TREATMENT PLAN
- Multiple sessions are required for optimal results.
- Follow the schedule recommended by your practitioner.

HAVE QUESTIONS?
If you have any concerns after your treatment, please contact our clinic.