

RADIANT

LASER

RADIANT QUANTUM PICOSECOND LASER

PRE CARE

INSTRUCTIONS



FOR OPTIMAL RESULTS

Please follow these guidelines before your Radiant Quantum Picosecond Laser treatment.



SCHEDULE APPROPRIATELY

- Avoid important events for at least 7–14 days after treatment (depending on the indication).
- Allow enough time for proper healing, especially for tattoo removal and skin resurfacing.



AVOID SUN EXPOSURE

- Stay out of direct sun and avoid tanning beds for at least 4 weeks before treatment.
- Use a broad-spectrum sunscreen SPF 30+ on the treatment area if sun exposure cannot be avoided.



AVOID CERTAIN PRODUCTS (FOR 5–7 DAYS BEFORE)

- Do not use retinol, tretinoin, AHAs, BHAs, exfoliants, bleaching creams, or harsh skincare products on the treatment area.
- Discontinue self-tanners, bronzers and topical makeup on the area to be treated.



REVIEW MEDICATIONS

- Avoid aspirin, ibuprofen, vitamin E, fish oil and other blood-thinning medications for 3–7 days (if approved by your healthcare provider).
- Inform your practitioner of all medications, supplements and medical conditions.



SKIN MUST BE HEALTHY

- Do not have treatment if you have active skin infections (e.g. cold sores, acne, rashes, eczema, psoriasis) or open wounds in the treatment area.
- Reschedule if you are feeling unwell or have a tan.



FOR TATTOO REMOVAL

- Do not apply any creams, lotions or makeup on the tattoo.
- Avoid recent sun exposure or tanning on the tattooed area.



FOR PMU REMOVAL (BROWS, LIPS, EYELINER)

- Arrive with clean skin, free of makeup, oils or creams.
- Avoid treatments like Botox or fillers in the area for at least 2 weeks prior.



FOR CARBON FACIAL

- Arrive with clean, makeup-free skin.
- Avoid exfoliating treatments or strong active ingredients for 5–7 days prior.



LET US KNOW

- Please inform your practitioner of any medical conditions, medications, recent procedures, history of cold sores, or if you are pregnant or breastfeeding.

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POST CARE

INSTRUCTIONS



SUPPORT YOUR RESULTS

Please follow these post care instructions after your Radiant Quantum Picosecond Laser treatment.



FIRST 24–72 HOURS

- Keep the treated area clean and dry.
- Avoid touching, picking or scratching the skin.
- Mild redness, swelling, warmth and sensitivity are normal and usually resolve within a few days.



KEEP THE AREA COOL

- Use a cool compress if needed to soothe the skin.
- Do not apply ice directly to the skin.
- Avoid heat (hot showers, saunas, steam rooms, hot tubs) for at least 24–48 hours.



USE GENTLE SKINCARE

- Cleanse with a gentle, fragrance-free cleanser and apply a soothing, hydrating moisturizer.
- Use only products recommended by your practitioner.
- Avoid active ingredients (retinol, AHAs, BHAs, exfoliants, vitamin C) for 5–7 days or as directed.



AVOID SUN EXPOSURE

- Keep the treated area out of direct sunlight for at least 4 weeks.
- Use a broad-spectrum sunscreen SPF 30+ daily, even on cloudy days.



AVOID MAKEUP

- Do not apply makeup on the treated area for at least 24–72 hours, or until the skin has healed.
- Use clean brushes and non-comedogenic makeup once healed.



AVOID INTENSE ACTIVITY

- Avoid strenuous exercise, heavy sweating and activities that may cause irritation for 24–48 hours.



EXPECT FLAKING OR DARKENING

- Treated skin may temporarily appear darker (especially for pigmentation) and may flake or feel rough.
- This is part of the natural healing process and usually resolves within several days to 1–2 weeks.



FOLLOW YOUR TREATMENT PLAN

- Multiple sessions are often required for optimal results (especially for tattoo removal and pigmentation).
- Follow the recommended interval between treatments.



HAVE QUESTIONS?

- If you experience severe redness, swelling, blistering, unusual pain or any signs of infection, please contact our clinic immediately.